

The Yoga Vedanta Forest University

AIM:
DISSEMINATION OF
SPIRITUAL KNOWLEDGE

ANANDA KUTIA P. O.,
Rishikesh (Himalayas)

OM OM OM

Dated ~~27.9.1954.~~ 199

Sri Judith M. Tybeya,

Los Angeles. -4*

Beloved Immortal Self,

Om Namō Narayanaya. Salutations
and adorations. Thy kind letter of the 19th August.

You are doing wonderful service
in the cause of Divine Mission. Lord's blessings are ever
on your revered self and those who co-operate with you and
participate in your activities in the spread of Divine
Knowledge. He is truly a priest who sacrifices his life unto
diffusing the divine ideals anywhere and everywhere.

The books ordered for have been
already despatched by separate post.

The sound of a bell during the period
of intense Yogic practices is definitely indicative of the
progress that is made by the aspirants. They need not fear
but
anything untoward ~~xxx~~ proceed still further with the mind
deeply absorbed in the Nada (sound) till there is complete
annihilation
/of mind. During the trial of merging the mind in the Nada,
repetition of OM should be continued unremittingly without
any break. Then are sure experiences of bliss liable to be
experienced.

Kindly verify Page 196
SPS of "Kundalini Yoga"

May Lord bless you
Prananda