

OM  
"Ananda Kirtir"

30th Sept, '55

Sri Judith M. Tyberg,  
Los Angeles.

Adorable Self,

Salutations.

Thanks very much for your kind letter of the 11th instant.

I have given instructions to all the Departments to note

~~the change in your address and to get the future publica-~~

tions to the present address. The books you have asked for

are not now available. However, I managed to obtain the

Kundalini Yoga and Japa Yoga. You may receive this by surface

mail in due course. I greatly admire the solid work that you

do for the spiritual good of mankind in a silent manner. This

is dynamic Yoga. The whole of America will be grateful to you.

May God bless you. When you have some time free, kindly write to

me about your welfare. I send my prayers for your peace and Bliss.

With regards, Prem and OM,

Thy Own Self

*Sivananda*

(Swami Sivananda)

The Lord is within you. He is seated in the hearts of all beings. Whatever you see, hear, touch, feel the Presence of Lord. Lead a Divine Life and move towards Freedom, Perfection and Eternal Bliss.